

Test Bank for Toward Healthy Aging 11th Touhy

Test Bank - Chapter 01

Q: When did serious and well-controlled research studies on aging first become available?

- A. Only in the past 60 years. (Correct)**
- B. Since the turn of the 20th century.
- C. Following the Great Depression.
- D. Since the year 2000.

Q: The son of a nursing home resident asks a nurse: "What is the significance of being certified in gerontology? I see that you are, but not all of the nurses are." What response best answers the family member's question?

- A. "National certification as a gerontological nurse is a way to demonstrate special knowledge in caring for older adults." (Correct)**
- B. "National certification in gerontology is required for all nurses who have worked in this setting for 2 or more years."
- C. "National certification is only available to nurses who have a Baccalaureate degree in nursing."
- D. "Only advanced practice nurses, like nurse practitioners, are certified in gerontology."

Q: The major goal of the NICHE (Nurses Improving Care for Healthsystem Elders) program includes which of the following?

- A. Improve outcomes for hospitalized older adults. (Correct)**
- B. Increase the number of older adults cared for in hospitals.
- C. Increase the number of iatrogenic complications that occur in hospitalized older adults.
- D. Decrease 30-day readmission rates for hospitalized older adults.

Q: What is the impact of the Hospital Readmission Reduction Program (HRRP) on avoidable readmissions? *(Select all that apply.)*
(Select all that apply.)

- A. Readmission rates for the selected conditions have dropped nationwide. (Correct)**
- B. Many hospitals have instituted system-wide interventions to prevent readmissions. (Correct)**
- C. Hospitals are keeping patients longer to avoid readmissions.
- D. Potentially avoidable hospitalizations among nursing home residents is increasing.
- E. Hospitals have a financial incentive to develop programs to reduce readmissions. (Correct)**

Q: Which of the following are true statements about the current health care workforce? *(Select all that apply.)*
(Select all that apply.)

- A. Approximately 10% of registered nurses (RNs) are certified in gerontological nursing.
- B. The number of geriatricians is expected to increase about 50% over the next 25 years.
- C. The professions of social work, physical therapy, and psychiatry are demonstrating the same trends as nursing. (Correct)**
- D. The world's older population is expected to grow to at least 1.3 billion in the next 20 years. (Correct)**
- E. It is anticipated that there will be a need for approximately 3million additional direct care and professional health care workers by the year 2030. (Correct)**

Q: Best practice recommendations for nursing education in relation to gerontology include which of the following? *(Select all that apply.)*
(Select all that apply.)

- A. Provision of a “stand-alone” course in gerontological nursing (Correct)**
- B. Integration of gerontological content throughout the curriculum (Correct)**
- C. Replacement of acute care pediatric clinical experiences with gerontological clinical experiences
- D. Recruitment of nurses with Master and Doctoral degrees and a specialty in gerontology to faculty roles (Correct)**
- E. Requiring all undergraduate nursing students to obtain gerontological certification as a requirement for graduation

Q: What are the current initiatives being implemented to enhance the specialty of gerontological nursing? *(Select all that apply.)*
(Select all that apply.)

- A. Mandating of a minimum of a Baccalaureate degree in nursing in order to care for older adults
- B. Geriatric Nursing Leadership Academy (GNLA) project (Correct)**
- C. Promotion of geriatric nursing to excellence to the nursing community (Correct)**
- D. Requiring a nursing certification specifically required to long-term care
- E. Offering scholarships for study and research in geriatric nursing (Correct)**

Q: A nurse discusses the “age in place” concept with an older adult client. The nurse would provide information related to which facility? *(Select all that apply.)*
(Select all that apply.)

- A. Independent senior housing complexes. (Correct)**
- B. A long-term care facility that is affiliated with the hospital.
- C. Retirement communities. (Correct)**
- D. Adult day health centers. (Correct)**
- E. Assisted living facilities. (Correct)**

Q: What are the significant factors contributing to the growth of community-based care?: *(Select all that apply.)*
(Select all that apply.)

- A. A decrease in the number of available nursing home beds.
- B. Rapidly escalating health care costs. (Correct)**
- C. Older adults’ preferences to “age in place.” (Correct)**
- D. Inadequate numbers of nurses with gerontological specialty education.
- E. Decreasing numbers of family caregivers.

Q: What are the changes in certified nursing facilities noted in recent years? *(Select all that apply.)*
(Select all that apply.)

- A. Increase in the number of subacute beds (Correct)**
- B. Decrease in nursing facility length of stay (Correct)**
- C. Increase in level of acuity of the residents (Correct)**
- D. Decrease in cost of care in the nursing facility
- E. Decrease in the number of registered nurses employed in long-term care facilities

Q: Which factor contributes to poor outcomes for older adults during transitions of care? *(Select all that apply.)*
(Select all that apply.)

- A. Inability to read and understand discharge instructions (Correct)**
- B. Inadequate financial resources to purchase medications (Correct)**
- C. Lack of desire to comply with discharge instructions
- D. Improved medication reconciliation during hospitalization
- E. High levels of nurse-patient engagement

NCLEX Exam-Style Review Questions - Chapter 01

Q: What type of care is projected to be the fastest growing employment sector in the health care industry?

- A. Childcare
- B. Eldercare (Correct)**
- C. Adulthood
- D. Adolescent care

Q: What book or journal provides a comprehensive overview of the scope of gerontological nursing for today's geriatric nurse?

- A. *Nursing Research*
- B. *American Journal of Nursing*
- C. *Scope and Standards of Gerontological Nursing Practice* (Correct)**
- D. Newton and Anderson's first textbook on nursing care of the older adult

Q: As a nursing student who is interested in furthering his or her education in gerontological nursing, which of the following would be beneficial?

- A. Advancing Care Excellence for Seniors (ACES)
- B. Hartford Institute for Geriatric Nursing (HIGN) (Correct)**
- C. Geriatric Nursing Education Consortium (GNEC)
- D. Hartford Geriatric Nursing Initiative (HGNI)

Q: As a gerontological nurse, where do you know that many older adults live?

- A. Nursing homes
- B. Rehabilitation centers
- C. Their own homes (Correct)**
- D. Hospitals

Q: As a nurse caring for clients, how do you see yourself advancing the care of older adults, which is so essential now and in the future? (*Select all that apply.*)
(*Select all that apply.*)

- A. Enhancing interest and recruitment (Correct)**
- B. Combating the consistent sense of apathy concerning the significance of nursing role models of care for older adults (Correct)**
- C. Being a positive role model (Correct)**
- D. Demonstrating a deep commitment in caring for the older adult (Correct)**
- E. Promoting ageism
- F. Preparing for geriatric nursing in a school setting (Correct)**

Q: As a nurse contemplating a future in gerontological nursing, which of the following might you plan on achieving a master's degree in? (*Select all that apply.*)
(*Select all that apply.*)

- A. Geriatric nurse generalist
- B. Gerontological nurse practitioner (GNP) (Correct)**

- C. Advanced practice registered nurse (APRN) with gerontological certification (Correct)
- D. Gerontological clinical nurse specialist (GCNS) (Correct)