

Test Bank for Introduction to Health Care 5th Haroun

Chapter 02: Health Care Yesterday, Today, and Tomorrow

True / False

1. Throughout much of human history, people believed that illness was caused by forces outside the control of man.

- a. True
- b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Only in recent history were causes of and means to effectively treat illnesses discovered.

DATE CREATED: 10/10/2019 2:51 AM

DATE MODIFIED: 10/10/2019 2:56 AM

2. Anesthesia was not developed until the 20th century.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Anesthesia was introduced in the 19th century.

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3. Until the 19th century, medicine and surgery were considered to be very different occupations.

- a. True
- b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: In the 19th century, surgery was upgraded from a craft to an experimental science.

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4. The modern hospital typically offers a full range of services for patients needing care until they are ready to return home.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

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NOTES: Hospitals offer acute care, and patients may need intermediary levels of care in other facilities before being ready to return home.

DATE CREATED: 10/10/2019 2:52 AM

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5. The Joint Commission is a government organization that regulates the operation of hospitals.

a. True

b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: The Joint Commission is a private, nonprofit organization that accredits many types of health care facilities.

DATE CREATED: 10/10/2019 2:52 AM

DATE MODIFIED: 10/10/2019 2:59 AM

6. The National Institutes of Health ensure the safety of food and drugs offered to consumers in the United States.

a. True

b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: This function is carried out by the Food and Drug Administration, not the National Institutes of Health.

DATE CREATED: 10/10/2019 2:52 AM

DATE MODIFIED: 10/10/2019 3:00 AM

7. Covering the cost of long-term care will be a major challenge in the near future.

a. True

b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: The increasing number of older persons who are living longer will require care facilities that at present are increasing in cost as much as 5 percent annually.

DATE CREATED: 10/10/2019 2:52 AM

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8. The American Medical Association believes that television ads for prescription drugs is a good way to inform patients about their options.

a. True

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b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: The American Medical Association has called for a ban on prescription drug advertising, believing them to be dangerous to the public.

DATE CREATED: 10/10/2019 2:52 AM

DATE MODIFIED: 10/10/2019 3:02 AM

9. It is estimated that one in three people age 85 and over will be diagnosed with Alzheimer's disease.

a. True

b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Alzheimer's disease is now the sixth leading cause of death in the United States.

DATE CREATED: 10/10/2019 3:00 AM

DATE MODIFIED: 10/10/2019 3:03 AM

10. Many physicians believe they have less control over medical decisions regarding treatment for their patients than they had in the past.

a. True

b. False

ANSWER: True

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Many physicians believe they have lost some control over how they treat their patients.

DATE CREATED: 10/10/2019 3:02 AM

DATE MODIFIED: 10/10/2019 3:04 AM

11. Medicaid is a federal health insurance plan for persons age 65 and older and the disabled.

a. True

b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Medicaid is a federally funded but state-administered health insurance plan for qualifying low-income individuals.

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DATE MODIFIED: 10/10/2019 3:06 AM

12. Adult foster care provides 24-hour nursing care in a home-like environment.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Adult foster care provides a home-like environment, but does not include 24-hour nursing care.

DATE CREATED: 10/10/2019 3:02 AM

DATE MODIFIED: 10/10/2019 3:07 AM

13. The abuse of painkillers has decreased dramatically in the last few years.

- a. True
- b. False

ANSWER: False

POINTS: 1

QUESTION TYPE: True / False

HAS VARIABLES: False

NOTES: Although prescriptions for painkillers have leveled off, thousands of people die from prescription drug overdoses each year.

DATE CREATED: 10/10/2019 3:03 AM

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Multiple Choice

14. Discovering the principles of chemistry in the 18th century made it possible to:

- a. better understand human anatomy.
- b. learn how body functions, such as digestion, occur.
- c. manufacture disinfectants.
- d. develop surgical techniques.

ANSWER: b

FEEDBACK:

- a. Incorrect. Discovering the principles of chemistry made progress possible in learning how body functions, such as digestion, occur.
- b. Correct. Discovering the principles of chemistry made progress possible in learning how body functions, such as digestion, occur.
- c. Incorrect. Discovering the principles of chemistry made progress possible in learning how body functions, such as digestion, occur.
- d. Incorrect. Discovering the principles of chemistry made progress possible in learning how body functions, such as digestion, occur.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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DATE CREATED: 10/10/2019 3:09 AM

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15. What is the most significant reason for the dramatic increase in expected life span over the last 100 years?

- a. Better living habits
- b. Improved surgical techniques
- c. The development of antibiotics and immunizations
- d. A decrease in the number of people living in poverty

ANSWER: c

FEEDBACK:

- a. Incorrect. The development of antibiotics and immunizations has had the most significant effect on life span.
- b. Incorrect. Surgical techniques have improved, but the development of antibiotics and immunizations has had the most significant effect on life span.
- c. Correct. The development of antibiotics and immunizations has had the most significant effect on life span.
- d. Incorrect. Poverty levels may have decreased, but the development of antibiotics and immunizations has had the most significant effect on life span.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:11 AM

DATE MODIFIED: 10/10/2019 3:13 AM

16. Which statement most accurately describes the result of the increased specialization of medicine?

- a. It has decreased the cost of medical care
- b. Patients are receiving more consistent care.
- c. Relationships between physicians and patients have become closer.
- d. Diagnostic and treatment methods have improved.

ANSWER: d

FEEDBACK:

- a. Incorrect. Costs have increased, although diagnostic and treatment methods have improved with increased specialization of medicine.
- b. Incorrect. Providing consistent care is more challenging with specialization. However, diagnostic and treatment methods have improved.
- c. Incorrect. In many cases, the relationship between physicians and patients has broken down due to specialization. However, diagnostic and treatment methods have improved.
- d. Correct. Diagnostic and treatment methods have improved.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:11 AM

DATE MODIFIED: 10/10/2019 3:15 AM

17. What percent of patients is estimated to not taking as directed the medications prescribed?

- a. 15 percent
- b. 30 percent

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c. 35 percent

d. 50 percent

ANSWER: a

FEEDBACK:

- a. Incorrect. Up to 50 percent of patients do not take their prescribed medication as directed.
- b. Incorrect. Up to 50 percent of patients do not take their prescribed medication as directed.
- c. Incorrect. Up to 50 percent of patients do not take their prescribed medication as directed.
- d. Correct. Up to 50 percent of patients do not take their prescribed medication as directed.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:11 AM

DATE MODIFIED: 10/10/2019 3:17 AM

18. One of the most difficult challenges faced by hospitals today is the need to:

- a. continue expanding the number of services offered.
- b. control expenses while maintaining an acceptable patient occupancy rate.
- c. conduct medical research.
- d. find appropriate sites on which to build more hospitals.

ANSWER: b

FEEDBACK:

- a. Incorrect. Controlling expenses while maintaining occupancy rates is a difficult challenge for hospitals today.
- b. Correct. Controlling expenses while maintaining occupancy rates is a difficult challenge for hospitals today.
- c. Incorrect. Controlling expenses while maintaining occupancy rates is a difficult challenge for hospitals today.
- d. Incorrect. Controlling expenses while maintaining occupancy rates is a difficult challenge for hospitals today.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:11 AM

DATE MODIFIED: 10/10/2019 3:19 AM

19. The majority of outpatient services are provided by:

- a. hospital emergency rooms.
- b. private physicians' offices.
- c. urgent care centers.
- d. specialty clinics.

ANSWER: b

FEEDBACK:

- a. Incorrect. The majority of outpatient services are provided by private physicians' offices.

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- b. Correct. The majority of outpatient services are provided by private physicians' offices.
- c. Incorrect. The majority of outpatient services are provided by private physicians' offices.
- d. Incorrect. The majority of outpatient services are provided by private physicians' offices.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:12 AM

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20. Which of the following health care services is expected to provide the largest number of employment opportunities for today's health care graduates?

- a. Emergency services
- b. Long-term care
- c. Hospitals
- d. Hospices

ANSWER: b

FEEDBACK:

- a. Incorrect. The highest growth in employment will be in long-term care.
- b. Correct. The highest growth in employment will be in long-term care.
- c. Incorrect. The highest growth in employment will be in long-term care.
- d. Incorrect. The highest growth in employment will be in long-term care.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:22 AM

DATE MODIFIED: 10/10/2019 3:25 AM

21. Which of the following describes one of the primary responsibilities of local health departments?

- a. Provide health care services for the poor
- b. Conduct research on the causes of disease
- c. Inspect and regulate services that affect public health
- d. Evaluate the quality of hospital services

ANSWER: c

FEEDBACK:

- a. Incorrect. A primary responsibility of local health departments is to inspect and regulate services that affect public health.
- b. Incorrect. A primary responsibility of local health departments is to inspect and regulate services that affect public health.
- c. Correct. A primary responsibility of local health departments is to inspect and regulate services that affect public health.
- d. Incorrect. A primary responsibility of local health departments is to inspect and regulate services that affect public health.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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DATE CREATED: 10/10/2019 3:22 AM

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22. Encouraging a patient to follow a healthy diet and start an exercise program is an example of the growing emphasis on the concept of:

- a. wellness.
- b. complementary therapies.
- c. expanding consciousness.
- d. progressive health.

ANSWER: a

FEEDBACK:

- a. Correct. Encouraging a patient to follow a healthy diet and exercise plan is based on the concept of wellness.
- b. Incorrect. Encouraging a patient to follow a healthy diet and exercise plan is based on the concept of wellness.
- c. Incorrect. Encouraging a patient to follow a healthy diet and exercise plan is based on the concept of wellness.
- d. Incorrect. Encouraging a patient to follow a healthy diet and exercise plan is based on the concept of wellness.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:25 AM

DATE MODIFIED: 10/10/2019 3:30 AM

23. Which statement best describes the meaning of complementary medicine?

- a. Practitioners of complementary medicine are always licensed.
- b. It has not been proven to have value for patients.
- c. It is new, having been developed in the last 25 years.
- d. It is used together with traditional Western medicine.

ANSWER: d

FEEDBACK:

- a. Incorrect. Not all practitioners of complementary medicine are licensed. Complementary medicine is used together with traditional Western medicine.
- b. Incorrect. There are complementary therapies that have proven to be of value to patients. Complementary medicine is used together with traditional Western medicine.
- c. Incorrect. Some forms of complementary medicine have been practiced for thousands of years. Complementary medicine is used together with traditional Western medicine.
- d. Correct. Complementary medicine is used together with traditional Western medicine.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:25 AM

DATE MODIFIED: 10/10/2019 3:32 AM

24. What is the major reason why more patients are being encouraged by health care providers to take responsibility for their own health?

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- a. Links have been discovered between lifestyle habits and major diseases.
- b. It reduces the number of malpractice lawsuits.
- c. Reduce the need to provide costly health care.
- d. Patients are more satisfied when taking responsibility for their own health.

ANSWER: a

FEEDBACK:

- a. Correct. There is a strong link between lifestyle habits and major diseases.
- b. Incorrect. There is a strong link between lifestyle habits and major diseases.
- c. Incorrect. While it may reduce costs, the most important reason is to prevent suffering from preventable conditions.
- d. Incorrect. Although some patients may take satisfaction in taking responsibility for their health, the reason providers encourage it is to prevent suffering from preventable conditions.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:26 AM

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25. Which of the following best describes palliative care?

- a. Promote movement and function
- b. Give specialized treatment
- c. Provide comfort and pain control
- d. Treat chronic conditions

ANSWER: c

FEEDBACK:

- a. Incorrect. Rehabilitation therapies promote movement and function. Palliative care provides comfort and pain control.
- b. Incorrect. Specialized treatments have the goal of curing a disease or injury. Palliative care provides comfort and pain control.
- c. Correct. Palliative care provides comfort and pain control.
- d. Incorrect. Chronic conditions are treated with the goal of curing or improving. Palliative care provides comfort and pain control.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:26 AM

DATE MODIFIED: 10/10/2019 3:38 AM

26. What is the meaning of antibiotic resistance?

- a. The increasing cost of antibiotics
- b. Their ineffectiveness against an increasing number of bacteria
- c. Growing numbers of patients who refuse to take them
- d. The high cost of producing them

ANSWER: b

FEEDBACK:

- a. Incorrect. Antibiotic resistance refers to the ineffectiveness of antibiotics against an

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increasing number of bacteria.

- b. Correct. Antibiotic resistance refers to the ineffectiveness of antibiotics against an increasing number of bacteria.
- c. Incorrect. Antibiotic resistance refers to the ineffectiveness of antibiotics against an increasing number of bacteria.
- d. Incorrect. Antibiotic resistance refers to the ineffectiveness of antibiotics against an increasing number of bacteria.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:36 AM

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27. What percent has the suicide rate increased in the United States since 1999?

- a. 10 percent
- b. 20 percent
- c. 30 percent
- d. 40 percent

ANSWER: c

FEEDBACK:

- a. Incorrect. The suicide rate has increased 30 percent.
- b. Incorrect. The suicide rate has increased 30 percent.
- c. Correct. The suicide rate has increased 30 percent.
- d. Incorrect. The suicide rate has increased 30 percent.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:37 AM

DATE MODIFIED: 10/10/2019 3:42 AM

28. Which of the following claims is a sign that a health care product or service may be fraudulent?

- a. It can be provided only by certain individuals.
- b. The practitioner promises confidentiality regarding your treatment records.
- c. It is extremely expensive.
- d. It claims to cure a wide variety of unrelated health problems.

ANSWER: d

FEEDBACK:

- a. Incorrect. Many legitimate health care treatments can be provided only by certain, qualified individuals.
- b. Incorrect. All health care practitioners must keep medical records confidential.
- c. Incorrect. Many legitimate health care products and services are very expensive.
- d. Correct. It claims to cure a wide variety of unrelated health problems.

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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DATE CREATED: 10/10/2019 3:37 AM

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Matching

Match each person with the correct contribution below.

- a. Elizabeth Blackwell
- b. Sigmund Freud
- c. William Harvey
- d. Hippocrates
- e. Edward Jenner
- f. Anton van Leeuwenhoek
- g. Joseph Lister
- h. Louis Pasteur

QUESTION TYPE: Matching

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:51 AM

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29. Discovered principle of smallpox vaccination

ANSWER: e

POINTS: 1

30. Proposed that blood circulates throughout the body

ANSWER: c

POINTS: 1

31. Invented the microscope

ANSWER: f

POINTS: 1

32. Proved that certain microorganisms cause disease

ANSWER: h

POINTS: 1

33. Was the first female physician in the United States

ANSWER: a

POINTS: 1

34. Is considered to be the father of medicine

ANSWER: d

POINTS: 1

35. Developed surgical techniques to prevent the entry of microorganisms into wounds

ANSWER: g

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POINTS: 1

36. Did pioneering research on the causes of psychological illnesses

ANSWER: b

POINTS: 1

Match each health care unit or facility with the correct service provided below.

- a. Assisted living residence
- b. Cardiac care unit
- c. Continuing care community
- d. Emergency room
- e. General unit
- f. Hospice
- g. Intensive care unit
- h. Intermediate care facility
- i. Transitional care unit
- j. Psychiatric hospital
- k. Rehabilitation unit or hospital
- l. Skilled nursing facility

QUESTION TYPE: Matching

HAS VARIABLES: False

DATE CREATED: 10/10/2019 3:56 AM

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37. Specialized care and equipment for patients with very serious illnesses and injuries

ANSWER: g

POINTS: 1

38. Therapies to regain physical and mental function

ANSWER: k

POINTS: 1

39. Variety of living arrangements that range from independent living to the provision of regular medical and nursing care

ANSWER: c

POINTS: 1

40. Housing, meals, and help with personal care

ANSWER: a

POINTS: 1

41. Care for seriously ill patients who do not need constant nursing care

ANSWER: e

POINTS: 1

42. Specialized care and equipment for patients with serious heart conditions

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ANSWER: b

POINTS: 1

43. 24-hour nursing services for patients who need long-term care

ANSWER: l

POINTS: 1

44. Care and support for dying patients

ANSWER: f

POINTS: 1

45. Care and rehabilitation for patients with mental and behavioral disorders

ANSWER: j

POINTS: 1

46. Care and assessment to determine long-term needs

ANSWER: i

POINTS: 1

47. Personal care, social services, and nursing care as needed

ANSWER: h

POINTS: 1

48. Immediate care for serious illnesses and injuries

ANSWER: d

POINTS: 1

Match the following types of therapy with the correct explanation below.

- a. Acupuncture
- b. Chiropractic
- c. Holistic medicine
- d. Homeopathy
- e. Massage therapy
- f. Osteopathy
- g. Reflexology
- h. Therapeutic touch

QUESTION TYPE: Matching

HAS VARIABLES: False

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49. All aspects of the individual must be considered when planning treatments.

ANSWER: c

POINTS: 1

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50. The body can protect itself if the musculoskeletal system is in good order.

ANSWER: f

POINTS: 1

51. Bodily dysfunction is caused by pressure on nerves as they leave the spinal column.

ANSWER: b

POINTS: 1

52. Disorders can be cured with very small doses of substances that cause the symptoms of the disorder.

ANSWER: d

POINTS: 1

53. Pressure on the muscles promotes blood circulation and healing.

ANSWER: e

POINTS: 1

54. Tiny needles are inserted along the body's energy pathways.

ANSWER: a

POINTS: 1

55. Pressure points on the feet are manipulated.

ANSWER: g

POINTS: 1

56. The hands are moved just above the surface of the body with the intention of directing energy flow.

ANSWER: h

POINTS: 1

Completion

57. The abbreviation for the government agency responsible for controlling the spread of diseases is _____.

ANSWER: CDC

POINTS: 1

QUESTION TYPE: Completion

HAS VARIABLES: False

STUDENT ENTRY MODE: Basic

DATE CREATED: 10/10/2019 4:04 AM

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58. A promising medical development is _____, which involves inserting normal DNA into cells to correct a genetic defect or to treat a disease.

ANSWER: gene therapy

POINTS: 1

QUESTION TYPE: Completion

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HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:05 AM
DATE MODIFIED: 10/10/2019 4:07 AM

59. There is an increasing use of _____, in which conventional medical treatments are combined with scientifically tested complementary treatments.

ANSWER: integrative medicine
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:08 AM

60. _____ is a serious public health problem in which many drugs are no longer effective in killing disease-causing bacteria.

ANSWER: Antibiotic resistance
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:09 AM

61. The principal purpose of the _____, an agency of the federal government, is to conduct medical research.

ANSWER: National Institutes of Health
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
DATE CREATED: 10/10/2019 4:06 AM
DATE MODIFIED: 10/10/2019 4:09 AM

62. _____ provides care, comfort, and support to dying individuals and their families.

ANSWER: Hospice
POINTS: 1
QUESTION TYPE: Completion
HAS VARIABLES: False
STUDENT ENTRY MODE: Basic
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DATE MODIFIED: 10/10/2019 4:10 AM

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63. _____ is a complementary medicine treatment in which patients inhale the scents of essential oils.

ANSWER: Aromatherapy

POINTS: 1

QUESTION TYPE: Completion

HAS VARIABLES: False

STUDENT ENTRY MODE: Basic

DATE CREATED: 10/10/2019 4:06 AM

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64. A currently used definition of _____ is the promotion of health and practice of good lifestyle habits.

ANSWER: wellness

POINTS: 1

QUESTION TYPE: Completion

HAS VARIABLES: False

STUDENT ENTRY MODE: Basic

DATE CREATED: 10/10/2019 4:06 AM

DATE MODIFIED: 10/10/2019 4:11 AM

65. The 2009 outbreak of influenza caused by the H1N1 virus raised concerns about the possibility of a worldwide _____.

ANSWER: pandemic

POINTS: 1

QUESTION TYPE: Completion

HAS VARIABLES: False

STUDENT ENTRY MODE: Basic

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