

Test Bank for Perspectives on Human Occupation - Theories Underlying Practice 2nd Hinojosa

Chapter 2: The Core Concept of Occupation

1. Which of the following is described as an emerging occupational concept that focuses on allowing a person to fully develop their capacities and abilities as well as balance occupational patterns to promote rest, leisure, work, and play?
- A. Occupational performance
 - B. Occupational engagement
 - C. Occupation to habilitate
 - D. Occupation for survival

ANS: D

2. What term is used to describe the influences that culture, spiritual affiliations, and socioeconomic background have on the development of an individual's occupational pattern development?
- A. Context
 - B. Homeostasis
 - C. Taxonomy
 - D. Wellness

ANS: A

3. Which best represents the authors' perspectives on the use of the term *human occupation*?
- A. The authors are in complete alignment as to how the term should be used in the profession.
 - B. The authors do not believe the term should continue to be considered a core of the profession.
 - C. The authors offer varied perspectives on the use of the term and its application as the core concept of the profession.
 - D. The authors offer identical perspectives on the use of the term but not on its application as the core concept.

ANS: C

4. The chapter authors cite Dr. Gary Kielhofner who synthesized salient features of various scholarly definitions of *occupation*. Which of the following concepts was not part of this synthesis from Kielhofner?
- A. Arises as a response to a specific motive or need
 - B. Interrelates with the sociocultural context
 - C. Interweaves with the developmental process

D. Completed regardless of specific capacities

ANS: D

5. Which mathematical theory did Dr. Royeen rely upon during her 2002 Slagle lecture when she stated that “occupation and development follow non-linear paths”?

- A. Linear Theory
- B. Chaos Theory
- C. Hypotenuse Theory
- D. Time-activity Theory

ANS: B

6. The authors present a consensus view on the process and outcome of the use of occupation in practice toward the end of the chapter. Which of the following correctly depicts this consensus opinion?

- A. Viewing practice only within the context of occupation would be a mistake, but all practice should include engagement in meaningful occupation as the goal.
- B. Viewing practice only within the context of occupation will clarify what we do to other stakeholders and all practice should include meaningful goals.
- C. Viewing practice within the context of activity would be a mistake, but all practice should include engagement in meaningful activity as the goal.
- D. Viewing practice only within the context of occupation will not clarify what we do to other stakeholders; therefore, our practice needs to change.

ANS: A

7. The authors posit that occupational therapists need to provide interventions that focus on function, occupational performance, and participation to assure occupation is at the core of practice. Which of the following statements regarding assessments would NOT support this approach to intervention?

- A. Assessments need to evaluate directly a client’s occupational performance and occupational needs.
- B. The profession must develop its own assessments that assess occupational performance and participation.
- C. The need exists for assessments that look at individuals, populations, or groups of individuals in context.
- D. Assessments need to contain an interprofessional element in looking at occupational performance.

ANS: D

8. The authors caution that there exists a “significant limitation” in the evidence-based approach to occupational therapy practice. What is this specific limitation?

- A. Evidence-based research from controlled clinical trials based on aggregate data may not be suitably applied within the context of occupation.
- B. Internally valid evidence-based research on occupational therapy interventions may not be suitably applied within the context of occupation.
- C. Evidence-based research from qualitative studies focusing on occupation may not be sufficiently science-driven as per the *Centennial Vision*.
- D. Externally valid evidence-based research on occupational therapy interventions may not be globally recognized as per the *Centennial Vision*.

ANS: A

9. The authors provided their personal introductions to the field of occupational therapy to help exemplify what should comprise “occupation.” Which of the following elements was NOT included by the authors in this exercise?

- A. Comprised of daily tasks
- B. Comprised of purposeful activities
- C. Individual meaning and value
- D. Frames of reference

ANS: D