Test Bank for Ethics and Decision Making in Counseling and Psychotherapy 4th Cottone

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Test Bank for

ETHICS AND DECISION MAKING IN COUNSELING AND PSYCHOTHERAPY

Fourth Edition

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CHAPTER 1

MULTIPLE CHOICE

1. Lemmy runs a small mental health clinic in a rural area. He has not had much previous training in treating posttraumatic stress disorder (PTSD). However, several families in his area recently experienced a traumatic event and he is the only psychologist within 100 miles. Lemmy is concerned about his competency to treat the clients and is experiencing an ethical dilemma. What is the most pertinent reason for the conflict?
   a. There are competing or conflicting ethical standards that apply
   b. There is a conflict between what is ethical and moral
   c. The situation is such that complexities make application of ethical standards unclear
   d. Rules that govern a professional's behavior are clearly stated

Answer: *c*

2. Which of the following are possible actions that can be taken against a professional's licensure? Choose all that apply.
   a. Imprisonment
   b. Abandonment
   c. Revocation
   d. Reinstatement

Answer: *c*

3. To which of the following groups can ethical standards be applied?
   a. Psychologists
   b. Social workers
   c. Professional counselors
   d. All of the above

Answer: *d*

4. Which of the following groups typically sets ethical professional standards?
   a. Professional organizations, like the American Psychological Association
   b. Government organizations, like Congress
   c. Nonprofit organizations, like the American Red Cross
   d. Private companies, like Microsoft

Answer: *a*

5. Brittany is a licensed professional counselor. She broke the confidentiality of several of her clients, violating an ethical standard repeatedly. As a result her license is taken away for 6 months. Which term best describes the action taken against Brittany?
   a. Abandonment
   b. Revocation
   c. Reinstatement
   d. Suspension

Answer: *d*

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6. How would you define philosophical ethics?
   a. Laws about what is acceptable behavior
   b. Theories about what is acceptable behavior
   c. Theories about philosophy
   d. Social standards

Answer: *b*

7. Which of the following terms in philosophy relates to the application of ethical principles?
   a. Principality
   b. Legality
   c. Morality
   d. Municipality

Answer: c

8. Mark is a mental health counselor. As a member of the American Counseling Association, he has agreed to follow their ethical code. Which of the following terms best applies to his obligation?
   a. Philosophical ethics
   b. Legally mandated ethics
   c. Morality
   d. Professional mandated ethics

Answer: *d*

9. Which of the following concepts concerns an individual's ability to apply his or her professional license to further obtain licenses in multiple states?
   a. Portability
   b. Accountability
   c. Responsibility
   d. Transferability

Answer: *a*

10. James is a social worker. An ethical code of his professional organization is that he must not establish a sexual relationship with a client. Which term best describes this ethical standard?
   a. Aspirational
   b. Mandatory
   c. Goal-oriented
   d. Existential

Answer: *b*

11. Shaheedra is a counselor. She tries to follow the ethical principle of "do no harm." She also is required by ethical professional standards to do no harm. Which term best describes this ethical standard?
   a. Aspirational
   b. Mandatory
   c. Goal-oriented
   d. Existential

Answer: *b*

12. Which of the following credentials is often pursued as a step beyond licensure, which ensures a professional

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meets the standards that are expected by the profession, or more likely a specialty?

a. Revocation
b. Reinstatement
c. Certification
d. Objectification

Answer: *c*

13. Said is a clinical psychologist. He attempts to prescribe medications, even though he is not licensed to do so. Which of the following best describes Said's actions?

a. Operating within the scope of practice
b. Operating outside the scope of practice
c. Operating at the upper limits
d. Operating at the lower limits

Answer: *b*

14. A local university is undergoing a review of the nature, intent, and quality of its psychology program. Which term best describes this process?

a. Licensure
b. Certification
c. Accreditation
d. Suspension

Answer: *c*

15. Counselors should do no harm to their clients. Which term best characterizes the statement that counselors should do no harm?

a. Beneficence
b. Nonmaleficence
c. Justice
d. Veracity

Answer: *b*

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