

Test Bank for Anatomy Physiology & Disease - Foundations for the Health Professions 2026 Release 1st Roiger

Corret Answers are located at the end of each chapter.

MULTIPLE CHOICE - Choose the one alternative that best completes the statement or answers the question.

- 1) Anatomy is defined as the study of _____.
 - A) atoms
 - B) body structures
 - C) how the body functions
 - D) how the body malfunctions

- 2) Physiology is defined as the study of _____.
 - A) physics
 - B) body structures
 - C) how the body functions
 - D) how the body malfunctions

- 3) Anatomy and physiology are defined as the study of _____.
 - A) the normal and abnormal function of the body
 - B) body structures
 - C) how the body functions
 - D) the body's structure and how those structures function

- 4) What is considered standard anatomical position?
 - A) The body is upright, the legs are close together, the feet are flat on the floor, the arms are close to the sides, and the face and palms of the hands are facing forward.
 - B) The body is upright, the legs are far apart, the feet are flat on the floor, the arms are close to the sides, and the face and palms of the hands are facing forward.
 - C) The body is upright, the legs are close together, the feet are flat on the floor, the arms are spread far from the sides, and the face and palms of the hands are facing backward.
 - D) The body is lying in a horizontal position, the legs are close together, the feet are pointing upward, the arms are close to the sides, and the face and palms of the hands are facing upward.

- 5) What do anatomical terms of direction describe?
- A) The specific region in which a body part is located
 - B) The body's position
 - C) The location of a particular structure in the body
 - D) The cavity that contains certain organs within the body
- 6) Which anatomical term of direction is used to describe the location of the ankle in relation to the knee?
- A) Proximal
 - B) Distal
 - C) Superficial
 - D) Ventral
- 7) What anatomical term of direction is used to describe the location of the nose in relation to the eyes?
- A) Medial
 - B) Superior
 - C) Lateral
 - D) Ventral
- 8) What are the two major anatomical regions of the body?
- A) Axial and abdominal
 - B) Appendicular and cephalic
 - C) Axial and appendicular
 - D) Cephalic and thoracic
- 9) If a person sustained cervical dislocation in an accident, what region of their body was affected?
- A) Head
 - B) Neck
 - C) Chest
 - D) Face

- 10) What are the two different ways the abdominal region of the body can be divided?
- A) The abdominal region can be divided into 4 quadrants or 2 regions.
 - B) The abdominal region can be divided into 4 regions or 6 quadrants.
 - C) The abdominal region can be divided into 4 quadrants or 9 regions.
 - D) The abdominal region can only be divided into 4 regions.
- 11) Which of the following organs is located in the right upper quadrant of the abdomen?
- A) Heart
 - B) Lungs
 - C) Left kidney
 - D) Liver
- 12) In which of the following regions of the abdomen is the navel located?
- A) Right hypogastric
 - B) Left hypogastric
 - C) Epigastric
 - D) Umbilical
- 13) Carpal tunnel syndrome is a condition that affects what region of the body?
- A) Foot
 - B) Arm
 - C) Leg
 - D) Wrist
- 14) Which of the following anatomical terms of direction refer to the dorsal side of the body?
- A) Posterior
 - B) Anterior
 - C) Superior
 - D) Inferior

- 15) Where is the diaphragm in relation to the lungs?
- A) Superficial
 - B) Deep
 - C) Superior
 - D) Inferior
- 16) All of the following describe an anatomical region except which one?
- A) Axial
 - B) Cubital
 - C) Bilateral
 - D) Tarsal
- 17) Which of the following describes an anatomical region?
- A) Right
 - B) Cubital
 - C) Bilateral
 - D) Medial
- 18) All of the following are anatomical terms of direction except which one?
- A) Proximal
 - B) Superior
 - C) Bilateral
 - D) Transverse
- 19) Which of the following is an anatomical plane?
- A) Sagittal
 - B) Inguinal
 - C) Appendicular
 - D) Plantar

- 20) How does a sagittal plane separate the body?
- A) Top from bottom
 - B) Right from left
 - C) Front from back
 - D) Up from down
- 21) If a plane is exactly down the midline of the body, this is called_____.
- A) transverse
 - B) medial
 - C) midsagittal
 - D) coronal
- 22) How does a transverse plane separate the body?
- A) Top from bottom
 - B) Right from left
 - C) Front from back
 - D) Up from down
- 23) Which of the following terms describes an anatomical plane that separates the body top from bottom?
- A) Sagittal
 - B) Transverse
 - C) Midsagittal
 - D) Frontal
- 24) How does a frontal or coronal plane separate the body?
- A) Top from bottom
 - B) Right from left
 - C) Front from back
 - D) Up from down

- 25) Which of the following terms describes an anatomical plane that separates the body front from back?
- A) Sagittal
 - B) Transverse
 - C) Midsagittal
 - D) Frontal or coronal
- 26) What kind of term can be used to describe the position of the entire body or a body part?
- A) Anatomical plane
 - B) Anatomical region
 - C) Anatomical cavity
 - D) Anatomical position
- 27) Which anatomical term of position describes the anterior surface facing up?
- A) Supine
 - B) Ventral
 - C) Anterior
 - D) Prone
- 28) Which anatomical term of position describes the anterior surface facing down?
- A) Supine
 - B) Ventral
 - C) Anterior
 - D) Prone
- 29) In standard anatomical position, the palms are in what position?
- A) At the sides, facing forward
 - B) Lifted anteriorly and supine
 - C) At the sides and pronated
 - D) At the sides, facing medially

- 30) A patient lying on their ventral or anterior surface, face down would be in what position?
- A) Supine
 - B) Dorsal
 - C) Posterior
 - D) Prone
- 31) Which of the following is not an anatomical cavity in the body?
- A) Thoracic
 - B) Dorsal
 - C) Inguinal
 - D) Abdominal
- 32) The thoracic cavity can be subdivided into which cavities?
- A) Abdominal and pelvic cavities
 - B) Cranial and vertebral cavities
 - C) Pleural and pericardial cavities
 - D) Thoracic and abdominal pelvic cavities
- 33) The abdominopelvic cavity can be subdivided into which two cavities?
- A) Abdominal and pelvic cavities
 - B) Cranial and vertebral cavities
 - C) Pleural and pericardial cavities
 - D) Thoracic and abdominal pelvic cavities
- 34) How many anatomical cavities does the thoracic cavity contain?
- A) 1
 - B) 2
 - C) 3
 - D) 4

- 35) Which membrane lines the abdominal and pelvic cavities?
- A) Meningeal
 - B) Pleural
 - C) Pericardial
 - D) Peritoneal
- 36) Which organs are associated with the dorsal cavity?
- A) Brain and spinal cord
 - B) Lungs and heart
 - C) Digestive organs
 - D) Reproductive organs
- 37) What is the mediastinum?
- A) The wall separating the thoracic cavity from the abdominopelvic cavity
 - B) The three layers of membrane surrounding the brain and spinal cord
 - C) The space between the pleural cavities that contains the heart, esophagus, trachea, thymus, and major vessels
 - D) Another name for the anatomical cavity located in the middle of the body
- 38) Which of the following anatomical cavities has an organ that serves as a wall between the two?
- A) Cranial and vertebral
 - B) Pleural and pericardial
 - C) Abdominal and pelvic
 - D) Thoracic and abdominopelvic
- 39) Which of the following cavities contain serous membranes?
- A) Cranial
 - B) Inguinal
 - C) Thoracic
 - D) Brachial

- 40) What is a serous membrane?
- A) A single layered membrane
 - B) A double layered membrane with air between the two layers
 - C) A double layered membrane that contains fluid between the two layers
 - D) A membrane that covers the brain and spinal cord
- 41) Which of the following statements is false regarding serous membranes?
- A) Serous membranes are found in the thoracic and cranial body cavities.
 - B) Serous membranes have fluid between the two membrane layers.
 - C) The pleurae and peritoneum are examples of serous membranes.
 - D) Serous membranes are double layered membranes.
- 42) Which membrane surrounds the lungs in the thoracic cavity?
- A) Meninges
 - B) Pleura
 - C) Pericardium
 - D) Peritoneum
- 43) Which membrane surrounds the heart in the thoracic cavity?
- A) Meninges
 - B) Pleura
 - C) Pericardium
 - D) Peritoneum
- 44) Which of the following statements is false regarding the pericardium?
- A) The pericardium is an example of a serous membrane.
 - B) The pericardium is composed of two layers, the visceral pleura and parietal pericardium.
 - C) The visceral layer of the pericardium is in contact with the heart.
 - D) Pericardial fluid fills the space between the two layers of the pericardium.

- 45) Which organ is surrounded by the pericardium?
- A) Lung
 - B) Small intestine
 - C) Heart
 - D) Kidney
- 46) Which organs are surrounded by a pleural membrane?
- A) Lung
 - B) Large intestine
 - C) Heart
 - D) Kidney
- 47) What is homeostasis?
- A) The body's ability to maintain a steady internal environment
 - B) Negative feedback
 - C) Positive feedback
 - D) The body's ability to function outside of the optimal range
- 48) Which of the following statements is an example of the body's ability to maintain homeostasis?
- A) Michael has been sick with the flu and has a fever.
 - B) Bill must be sure to take blood pressure medication to control chronic hypertension.
 - C) Mary had a physical and was pleased to have normal blood pressure.
 - D) Connie has diabetes and must take insulin injections to control high blood glucose levels.
- 49) What is negative feedback?
- A) The body's ability to maintain homeostasis
 - B) The process the body uses to reverse the direction of movement away from homeostasis
 - C) The process the body uses to increase the movement away from homeostasis
 - D) The body's ability to function outside of the optimal range

- 50) All of the following are examples of negative feedback *except* _____.
- A) sweating in response to elevated body temperature
 - B) secretion of insulin in response to increased blood glucose
 - C) secretion of glucagon in response to decreased blood glucose
 - D) uterine contractions in response to the pressure of the baby's head on the cervix
- 51) What is positive feedback?
- A) The body's ability to maintain homeostasis
 - B) The process the body uses to reverse the direction of movement away from homeostasis
 - C) The process the body uses to increase the movement away from homeostasis
 - D) The body's ability to function outside of the optimal range
- 52) Positive feedback includes _____.
- A) sweating in response to elevated body temperature
 - B) secretion of insulin in response to increased blood glucose
 - C) secretion of glucagon in response to decreased blood glucose
 - D) uterine contractions in response to the pressure of the baby's head on the cervix
 - E) All of these answers are examples of negative feedback.
- 53) Which of the following statements regarding homeostasis is false?
- A) If the body detects a change and works to make the levels move even farther away from homeostasis, that is positive feedback.
 - B) If the body detects a change beyond its normal homeostasis range (either too high or too low) and it works to reach its homeostasis range by reversing the direction of movement, that is positive feedback.
 - C) Homeostasis is the body's ability to maintain a steady internal environment. This is achieved using positive and negative feedback mechanisms.
 - D) Homeostasis is the body's ability to overcome an imbalanced internal environment. This is achieved using positive and negative feedback mechanisms.

- 54) Which of the anatomical terms of direction describes the diaphragm's relation to the stomach?
- A) Inferior
 - B) Superior
 - C) Anterior
 - D) Posterior
- 55) Relating to or affecting two sides refers to which of the following anatomical terms of direction?
- A) Bilateral
 - B) Superior
 - C) Anterior
 - D) Lateral
- 56) Closer to the connection to the body refers to which of the following anatomical terms of direction?
- A) Distal
 - B) Superficial
 - C) Deep
 - D) Proximal
- 57) Which of the anatomical terms of direction best describes the wrist's relationship to the shoulder?
- A) Proximal
 - B) Superior
 - C) Distal
 - D) Posterior
- 58) Which of the anatomical terms of direction describes the relationship of the hypodermis to the epidermis?
- A) Superficial
 - B) Superior
 - C) Deep
 - D) Distal

- 59) Which of the anatomical regions houses the stomach?
- A) Abdominal
 - B) Axillary
 - C) Appendicular
 - D) Anterior
- 60) The lungs are housed in which of the following anatomical regions?
- A) Axial
 - B) Axillary
 - C) Appendicular
 - D) Abdominal
- 61) Bryan has a blistered palm from raking the leaves. Which set of anatomical terms correctly describes Bryan's blister?
- A) Bryan has a superficial blister on the palmar surface of the palm in the appendicular region of the body.
 - B) Bryan has a superior blister on the palmar surface of the palm in the appendicular region of the body.
 - C) Bryan has a superficial blister on the plantar surface of the palm in the appendicular region of the body.
 - D) Bryan has a superficial blister on the palmar surface of the palm in the axial region of the body.
- 62) Susan has a left ovarian tumor. Which set of anatomical terms correctly describes Susan's tumor?
- A) Susan has a deep, lateral tumor located in the pelvic region of her body.
 - B) Susan has a deep, bilateral tumor located in the pelvic region of her body.
 - C) Susan has a deep tumor located in the abdominal region of her body.
 - D) Susan has a deep tumor located in the appendicular region of her body.
- 63) The femoral region refers to which part of the body?
- A) Knee
 - B) Ankle
 - C) Thigh
 - D) Leg

- 64) The cubital region refers to which part of the body?
- A) Wrist
 - B) Elbow
 - C) Arm
 - D) Hand
- 65) The anterior cubital region refers to which part of the body?
- A) Wrist
 - B) Front of the elbow
 - C) Upper arm
 - D) Back of the hand
- 66) The posterior patellar region refers to which part of the body?
- A) Knee
 - B) Front of the knee
 - C) Upper knee
 - D) Back of the knee
- 67) The dorsal cavity houses which of the following organs?
- A) Brain
 - B) Kidneys
 - C) Vertebrae
 - D) Lungs
- 68) The thoracic cavity houses all of the following structures except which one?
- A) Heart
 - B) Lungs
 - C) Pleural membrane
 - D) Peritoneum

- 69) Separating the right and left side of the body is achieved by what anatomical plane?
- A) Sagittal
 - B) Transverse
 - C) Frontal
 - D) Coronal
- 70) Separating the top and bottom half of the body is achieved by what anatomical plane?
- A) Sagittal
 - B) Transverse
 - C) Frontal
 - D) Coronal
- 71) Separating the front and back half of the body is achieved by what anatomical plane?
- A) Sagittal
 - B) Transverse
 - C) Frontal
 - D) Midsagittal
- 72) Which of the following organs are housed in the mediastinum?
- A) Kidneys
 - B) Lungs
 - C) Esophagus
 - D) Spleen
- 73) All of the following organs are housed in the mediastinum except which one?
- A) Heart
 - B) Lungs
 - C) Esophagus
 - D) Trachea

- 74) Which part of the pleural membrane is in direct contact with the lungs?
- A) Visceral
 - B) Parietal
 - C) Pleura
 - D) Peritoneum
- 75) Which part of the pleural membrane lines the pleural cavity and is not in direct contact with the lungs?
- A) Visceral
 - B) Parietal
 - C) Mesentery
 - D) Peritoneal
- 76) The dorsal cavity can be subdivided into which two cavities?
- A) Abdominal and pelvic cavities
 - B) Cranial and vertebral cavities
 - C) Pleural and pericardial cavities
 - D) Thoracic and abdominal pelvic cavities
- 77) Pathology is defined as the study of_____.
- A) disease
 - B) body structures
 - C) how the body functions
 - D) pathways throughout the body
- 78) Disease is defined as_____.
- A) the body's internal balance
 - B) normally functioning organs or organ systems resulting in homeostasis
 - C) abnormally functioning organs or organ systems where the body's internal balance is maintained
 - D) abnormally functioning organs or organ systems resulting in a disruption in homeostasis

- 79) Malaise is described as _____.
- A) fever
 - B) a feeling of general discomfort
 - C) a genetic abnormality
 - D) malnutrition
- 80) Which of the following can indicate a disease may be present?
- A) Malaise
 - B) Inflammation
 - C) Abnormal diagnostic test results
 - D) All of the answer choices can indicate the presence of disease.
- 81) What are predisposing factors of disease?
- A) Factors that affect people's health
 - B) Factors under a person's control such as lifestyle and environment
 - C) Factors that a person cannot control, such as age, sex, and heredity
 - D) All of these answer choices are correct
- 82) Which of the following is not considered a predisposing factor of disease?
- A) How old you are
 - B) Whether you are male or female
 - C) Your symptoms of disease
 - D) Your genetic makeup
- 83) Which predisposing factor of disease can be controlled by the individual?
- A) Age
 - B) Lifestyle
 - C) Sex
 - D) Heredity

- 84) Which predisposing factor of disease cannot be controlled by the individual?
- A) Age
 - B) Lifestyle
 - C) Environment
 - D) All of these predisposing factors can be controlled by the individual.
- 85) Which category of childhood diseases is characterized by a defect being present at birth?
- A) Infectious disease
 - B) Congenital disorder
 - C) Genetic disorder
 - D) Developmental disorder
- 86) Which category of childhood diseases is characterized by an event that disrupts the normal development of the child?
- A) Infectious disease
 - B) Congenital disorder
 - C) Genetic disorder
 - D) Developmental disorder
- 87) Which category of childhood diseases is caused by inherited genes which have been passed to children by their parents?
- A) Infectious disease
 - B) Congenital disorder
 - C) Genetic disorder
 - D) Developmental disorder
- 88) Which type of disease results from an infection caused by a microorganism?
- A) Infectious disease
 - B) Congenital disorder
 - C) Genetic disorder
 - D) Developmental disorder

- 89) Which statement correctly describes why children are more susceptible to infectious diseases?
- A) Children inherit this susceptibility from their parents.
 - B) A child's immune system is not fully developed and continues to mature throughout childhood.
 - C) Children are not as clean as adults.
 - D) Children are not more susceptible to infectious diseases.
- 90) Which statement regarding age as a predisposing factor is false?
- A) Children and older individuals are more susceptible to disease due to age.
 - B) This predisposing factor can be controlled by an individual.
 - C) As people live longer they become more susceptible to disease.
 - D) Children are more susceptible to diseases than adults because of their age.
- 91) Which statement regarding the elderly and age as predisposing factor to disease is false?
- A) All organs have the ability to regenerate so they work better as one gets older.
 - B) Aging changes normal body function.
 - C) As people live longer they become more susceptible to disease.
 - D) General body function is reduced as people age.
- 92) Which predisposing factor refers to the genetic makeup of an individual?
- A) Heredity
 - B) Lifestyle
 - C) Environment
 - D) Sex
- 93) Which predisposing factor refers to the sex of an individual?
- A) Age
 - B) Lifestyle
 - C) Environment
 - D) Male versus female

- 94) Which of the following statements is true regarding signs and symptoms of disease?
- A) Signs cannot be measured.
 - B) Symptoms are objective signals of disease.
 - C) Symptoms cannot be measured.
 - D) Nausea is considered a sign.
- 95) Which of the following is an example of a sign of disease?
- A) Fever
 - B) Vomiting
 - C) Headache
 - D) Nausea
- 96) Which of the following is an example of a symptom of disease?
- A) High blood pressure
 - B) Fever
 - C) Weight gain
 - D) Nausea
- 97) What is pain?
- A) The body's immune response to injury
 - B) A defense mechanism used by the body to warn a person that everything is alright
 - C) The increase of blood flow to an injured area
 - D) Physical suffering or distress due to injury or illness
- 98) What is the purpose of experiencing pain?
- A) So the body's immune system can respond to injury
 - B) To serve as a defense mechanism to warn the person that there is a problem
 - C) To increase blood flow to an injured area
 - D) To cause suffering or distress during injury or illness

- 99) Which of the following happens during inflammation?
- A) Blood vessels dilate.
 - B) Fluid leaks out of blood vessels causing swelling.
 - C) Blood flow to the injured area is increased.
 - D) All of the answers happen during inflammation.
- 100) What is inflammation?
- A) The body's normal immune response to injury and disease
 - B) The decrease of blood flow to an injured area
 - C) Physical suffering or distress due to injury or illness
 - D) A defense mechanism to warn the person that there is a problem
- 101) Which statement regarding inflammation is false?
- A) Inflammation causes pain.
 - B) Inflammation causes redness.
 - C) Inflammation causes an injured area to feel cooler.
 - D) Inflammation causes swelling.
- 102) Which statement regarding inflammation is true?
- A) Decreased blood flow causes redness and heat.
 - B) Increased blood flow causes vessel dilation.
 - C) Increased blood flow causes swelling
 - D) Increased fluid leaking from blood vessels causes swelling.
- 103) Which class of disease is caused by pathogens?
- A) Infectious diseases
 - B) Cancers
 - C) Immune disorders
 - D) Trauma

- 104) Which class of disease is characterized by uncontrolled cell growth?
- A) Infectious diseases
 - B) Cancers
 - C) Immune disorders
 - D) Trauma
- 105) Which class of disease results from the inability of the body to effectively defend itself?
- A) Genetic disorders
 - B) Cancers
 - C) Immune disorders
 - D) Mental disorders
- 106) Which statement correctly describes hypersensitivity?
- A) Hypersensitivity can range from mild to severe.
 - B) Hypersensitivity involves an overreaction of the immune system to an allergen.
 - C) Severe hypersensitivity may cause anaphylaxis.
 - D) All of these statements correctly describe hypersensitivity.
- 107) Which immune disorder is characterized as an inability of the immune system to distinguish between its own tissues and foreign tissue or cells?
- A) Autoimmune disorder
 - B) Hypersensitivity
 - C) Immunodeficiency disorder
 - D) Anaphylaxis
- 108) Which type of immune disorder causes a deficiency in the immune system's ability to defend the body?
- A) Autoimmune disorders
 - B) Hypersensitivities
 - C) Immunodeficiency disorders
 - D) Anaphylaxis

- 109) Which immune disorder involves an overreaction of the immune system to an allergen?
- A) Autoimmune disorder
 - B) Hypersensitivity
 - C) Immunodeficiency disorder
 - D) HIV
- 110) Which class of disease results from abnormalities in the genetic code?
- A) Genetic disorder
 - B) Infectious disease
 - C) Immune disorder
 - D) Trauma
- 111) In the case of a genetic disorder, how can the genetic code be changed?
- A) By an antigen
 - B) By a mutagen
 - C) By a trauma
 - D) None of these answers are correct.
- 112) What is a mutagen?
- A) An agent that causes an allergic response
 - B) An agent that causes cancer
 - C) An agent that causes a genetic mutation
 - D) An agent that causes an immunodeficiency
- 113) Which class of disorders includes conditions of the mind?
- A) Genetic disorders
 - B) Cancers
 - C) Mental disorders
 - D) Trauma

- 114) Which class of disorders is characterized by a wound or shock caused by an injury?
- A) Genetic disorders
 - B) Cancers
 - C) Mental disorders
 - D) Trauma
- 115) Which step in determining a diagnosis involves collecting information from the patient?
- A) Obtaining a medical history
 - B) Performing an examination
 - C) Using diagnostic screening tools and tests
 - D) Comparing test results with normal findings
- 116) Which of the following can help a physician develop a diagnosis?
- A) Diagnostic test results
 - B) Obtaining a medical history from the patient
 - C) Performing a medical exam
 - D) All of these will help a physician develop a diagnosis.
- 117) When can a differential diagnosis be used?
- A) When all the information collected clearly points to one disease or disorder
 - B) When signs, symptoms, and results of the diagnostic examination do not yield enough information to diagnose the patient with a specific disease
 - C) When test results are inaccurate
 - D) When diagnostic test results have not been reviewed by the physician
- 118) What is a differential diagnosis?
- A) An interpretation of all the data collected to determine the cause of the problem
 - B) A diagnosis used when more than one disease is responsible for the patient's condition
 - C) A treatment plan
 - D) A predicted outcome of how the patient will recover from the disease

- 119) What type of treatment plan is used to make a patient more comfortable?
- A) Palliative
 - B) Curative
 - C) Therapeutic
 - D) Preventive
- 120) An organ transplant falls under what treatment plan?
- A) Palliative
 - B) Curative
 - C) Therapeutic
 - D) Preventive
- 121) Which treatment plan may involve a recommendation to eat healthy and exercise regularly?
- A) Palliative
 - B) Curative
 - C) Therapeutic
 - D) Preventive
- 122) Which treatment plan may involve physical therapy after an injury?
- A) Palliative
 - B) Curative
 - C) Therapeutic
 - D) Preventive
- 123) Which statement describes palliative treatment?
- A) The goal of treatment is to make a patient more comfortable.
 - B) The goal of treatment is to cure the patient of the disease.
 - C) The goal of treatment is to restore normal function.
 - D) The goal of treatment is to prevent disease.

- 124) Which statement describes curative treatment?
- A) The goal of treatment is to make a patient more comfortable during the terminal stages of the disease.
 - B) The goal of treatment is to cure the patient of the disease.
 - C) The goal of treatment is to restore normal function.
 - D) The goal of treatment is to prevent disease.
- 125) Which statement describes therapeutic treatment?
- A) The goal of treatment is to make a patient more comfortable during the terminal stages of the disease.
 - B) The goal of treatment is to cure the patient of the disease.
 - C) The goal of treatment is to restore normal function.
 - D) The goal of treatment is to prevent disease.
- 126) Which statement describes preventative treatment?
- A) The goal of treatment is to make a patient more comfortable during the terminal stages of the disease.
 - B) The goal of treatment is to cure the patient of the disease.
 - C) The goal of treatment is to restore normal function.
 - D) The goal of treatment is to prevent disease.
- 127) Which statement correctly compares palliative and curative treatment plans?
- A) Palliative and curative treatment are both used to restore normal function.
 - B) Palliative treatment is used to cure the patient and curative treatment is used to make the patient more comfortable in the terminal stages of disease.
 - C) Palliative treatment is used to prevent disease and curative treatment is used to make the patient more comfortable in the terminal stages of disease.
 - D) Palliative treatment is used to make the patient more comfortable, and curative treatment is used to cure the patient.
- 128) What is epidemiology?
- A) The study of how disease affects the overall health and well-being of a population
 - B) The rate and range of the occurrence of a disease
 - C) How widespread the occurrence of a disease may be
 - D) None of these answers are correct.

- 129) What is the incidence of a disease?
- A) The study of how the disease affects the overall health and well-being of a population
 - B) The number of new cases of disease in a population
 - C) The total number of cases of a disease in a population
 - D) None of these is correct.
- 130) What is the prevalence of a disease?
- A) The study of how disease affects the overall health and well-being of a population
 - B) The number of new occurrences of the disease in a population
 - C) The total number of cases of a disease in a population
 - D) None of these is correct.
- 131) How does epidemiology affect healthcare?
- A) Epidemiology helps healthcare providers prevent the spread of disease.
 - B) Epidemiology helps healthcare providers treat disease.
 - C) Epidemiology helps healthcare providers diagnose disease.
 - D) All of these answers are correct.
- 132) Which statement about the Spanish flu is false?
- A) The Spanish flu occurred in 1819.
 - B) The Spanish flu claimed over 50 million lives worldwide.
 - C) The Spanish flu infected one-third of the world's population.
 - D) The Spanish flu was considered a pandemic.
- 133) Which of the following accounts for about one third of all deaths in the United States?
- A) Heart disease and stroke
 - B) Diabetes
 - C) Arthritis
 - D) Obesity

- 134) What is the second leading cause of death in the United States?
- A) Heart disease
 - B) Diabetes
 - C) Cancer
 - D) Obesity
- 135) When considering developmental disorders, when does the damage to the brain that causes the disability occur?
- A) Prenatally
 - B) Perinatally
 - C) Postnatally
 - D) Damage to the brain can occur prenatally, perinatally, or postnatally.
- 136) Which statement about pain is true?
- A) A pain scale allows patients to rank their pain.
 - B) Pain can be measured.
 - C) Pain is an objective sign of disease.
 - D) Pain always disappears on its own.
- 137) Which of the following are examples of mediators of inflammation?
- A) Heparin and warfarin
 - B) Histamine and prostaglandins
 - C) Interferon and complement
 - D) Coumadin and aspirin
- 138) Which of the following is not a symptom of inflammation?
- A) Numbness
 - B) Redness
 - C) Heat
 - D) Swelling

- 139) Which of the following does not happen during inflammation?
- A) The damaged tissues produce chemicals called mediators of inflammation.
 - B) Blood vessels become more permeable.
 - C) Fluid from the blood leaks out into the surrounding damaged tissue.
 - D) Blood flow to the area is decreased.
- 140) How does the body's immune system respond to an injury that allows bacteria and pathogens to enter tissue under the skin?
- A) Pain
 - B) Anaphylaxis
 - C) Inflammation
 - D) The body's immune system does not respond to this type of injury.

Answer Key

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- 1) B
- 2) C
- 3) D
- 4) A
- 5) C
- 6) B
- 7) A
- 8) C
- 9) B
- 10) C
- 11) D
- 12) D
- 13) D
- 14) A
- 15) D
- 16) C
- 17) B
- 18) D
- 19) A
- 20) B
- 21) C
- 22) A
- 23) B
- 24) C
- 25) D
- 26) D
- 27) A
- 28) D
- 29) A
- 30) D
- 31) C
- 32) C
- 33) A
- 34) C
- 35) D
- 36) A
- 37) C

- 38) D
- 39) C
- 40) C
- 41) A
- 42) B
- 43) C
- 44) B
- 45) C
- 46) A
- 47) A
- 48) C
- 49) B
- 50) D
- 51) C
- 52) D
- 53) B
- 54) B
- 55) A
- 56) D
- 57) C
- 58) C
- 59) A
- 60) A
- 61) A
- 62) A
- 63) C
- 64) B
- 65) B
- 66) D
- 67) A
- 68) D
- 69) A
- 70) B
- 71) C
- 72) C
- 73) B
- 74) A
- 75) B
- 76) B
- 77) A

- 78) D
- 79) B
- 80) D
- 81) D
- 82) C
- 83) B
- 84) A
- 85) B
- 86) D
- 87) C
- 88) A
- 89) B
- 90) B
- 91) A
- 92) A
- 93) D
- 94) C
- 95) A
- 96) D
- 97) D
- 98) B
- 99) D
- 100) A
- 101) C
- 102) D
- 103) A
- 104) B
- 105) C
- 106) D
- 107) A
- 108) C
- 109) B
- 110) A
- 111) B
- 112) C
- 113) C
- 114) D
- 115) A
- 116) D
- 117) B

- 118) B
- 119) A
- 120) C
- 121) D
- 122) C
- 123) A
- 124) B
- 125) C
- 126) D
- 127) D
- 128) A
- 129) B
- 130) C
- 131) D
- 132) A
- 133) A
- 134) C
- 135) D
- 136) A
- 137) B
- 138) A
- 139) D
- 140) C