

Test Bank for Concepts of Chemical Dependency 10th Doweiko

1. Which of the following is *not* one of the reasons that people use drugs or alcohol, according to the textbook?
- a. To cope with psychological pain
 - b. To express a forbidden impulse
 - c. To experience a feeling of euphoria
 - d. To seek a higher state of spiritual existence

ANSWER: d

POINTS: 1

REFERENCES: Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.01 - Understand why individuals may use alcohol and/or drugs

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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2. Samantha learned that someone had given her LSD without her knowledge. Before the effects of the drug set in, Samantha was scared of how she was going to experience the drug because she had a terrifying experience in the past. Samantha's _____ will have an impact on her physical experience of the drug.
- a. social learning
 - b. reward potential
 - c. blindness to the drug's effects
 - d. individual expectations

ANSWER: d

POINTS: 1

REFERENCES: Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.7a - Clarifying expectations.

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3. There is one widely accepted, universal definition of the terms problematic use, abuse, and addiction.

- a. True
- b. False

ANSWER: False

POINTS: 1

REFERENCES: What Do We Mean When We Say That Somebody Is "Addicted" to a Chemical?

QUESTION TYPE: True / False

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP.5A - Counseling and Helping Relationships – Theories and models of counseling
United States - CSHSE.6a - Theory and knowledge bases of prevention, intervention, and maintenance strategies to achieve maximum autonomy and functioning.

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4. Tolerance is defined as

- a. needing to use more of a drug to achieve the desired effect previously achieved at a lower dose.
- b. continued drug abuse by an individual despite significantly negative consequences.
- c. the negative physical effects the user experiences when the drug is no longer in their system.
- d. when an individual uses a compound that is not medically necessary.

ANSWER: a

POINTS: 1

REFERENCES: Definitions of Terms Used in This Text

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.2a - Theories of human development.

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5. Current research has been able to identify specific mechanisms for distinguishing between social alcohol users who will go on to develop an alcohol-related problem and those who will not.
- a. True
 - b. False

ANSWER: False

POINTS: 1

REFERENCES: Unanswered Questions

QUESTION TYPE: True / False

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP3d - ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation
United States - CSHSE.4i - Utilizing research findings and other information for community education and public relations.

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6. According to your text, rare to social use of a chemical
- a. is clearly inconsistent with the expectations of the person's cultural group.
 - b. has an inverse relationship with the person's state of health.
 - c. usually involves a period of intense substance abuse that is not acceptable to the leaders of the social group.
 - d. involves experimental use at a level that does not exceed social norms.

ANSWER: d

POINTS: 1

REFERENCES: Definitions of Terms Used in This Text

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP.3F - Systemic and environmental factors that affect human development, functioning, and behavior
United States - CSHSE.3c - The major models used to conceptualize and integrate prevention, maintenance, intervention, rehabilitation, and healthy functioning.

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7. One factor that is frequently overlooked in the initiation or maintenance of substance use is _____.
- a. availability
 - b. choice
 - c. genetics
 - d. age

ANSWER: b

POINTS: 1

REFERENCES: Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.2a - Theories of human development.

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8. The basic laws of behavioral psychology hold that the main motivating force for humans is the
- a. increase in pleasure or decrease in discomfort.
 - b. pleasure principle.
 - c. disapproval of fringe social groups.
 - d. intrusive nature of sensory experiences deemed unacceptable to that person's social group.

ANSWER: a

POINTS: 1

REFERENCES: Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.2a - Theories of human development.

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9. Cultural and social influences on an individual's substance use behaviors
- a. are hardly relevant to the individual's choice of drugs of abuse.
 - b. push individuals towards alcohol but not drug abuse.
 - c. help to shape the individual's decision to engage in substance use.
 - d. are negative influences on the individual's life goals.

ANSWER: c

POINTS: 1

REFERENCES: Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP.2A - Social and Cultural Diversity – Multicultural and pluralistic characteristics within and among diverse groups nationally and internationally
United States - CSHSE.2a - Theories of human development.

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10. Which of the following statements is supported by research cited in your text?
- a. The term substance abuse has been clearly defined.
 - b. There is little agreement about how to define use, abuse, and addiction.
 - c. The limits of normal use have been defined, but abuse and addiction are still ill-defined.
 - d. The limits of both use and abuse have been clearly defined, but the term addiction is still poorly defined.

ANSWER: b

POINTS: 1

REFERENCES: What Do We Mean When We Say That Somebody Is "Addicted" to a Chemical?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS: United States - CACREP.8i - analysis and use of data in counseling
United States - CSHSE.4i - Utilizing research findings and other information for community education and public relations.

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11. Which of the following is one of the diagnostic criteria for the diagnosis of a substance use disorder, according to your text?
- a. Impaired control over substance use
 - b. No avoidance of activities not centered on substance use
 - c. Enhancement of normal functioning
 - d. Adherence to religious dictates against substance use

ANSWER: a

POINTS: 1

REFERENCES: What Do We Mean When We Say That Somebody Is "Addicted" to a Chemical?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS: United States - CACREP.7E - Assessment and testing—Use of assessments for diagnostic and intervention planning purposes
United States - CSHSE.4a - Obtaining information through interviewing, active listening, consultation with others, library or other research, and the observation of clients and systems.

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12. The withdrawal syndrome seen when a compound _____ characteristic of physical dependence on that compound.
- a. is discontinued is a
 - b. is discontinued is not a
 - c. is not used in excess is a
 - d. is used with decreasing frequency is not a

ANSWER: a

POINTS: 1

REFERENCES: Definitions of Terms Used in This Text

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.5a - Analysis and assessment of the needs of clients or client groups.

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13. Tolerance to a compound is seen when
- the individual cannot predict in advance how much of that compound will be used.
 - the compound induces a state of well-being when used.
 - the individual is motivated to avoid compounds similar to that usually abused.
 - the individual must use more of a compound to achieve the effects once achieved at a lower dose.

ANSWER: d

POINTS: 1

REFERENCES: Definitions of Terms Used in This Text

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.03 - Understand the terminology used in the field and in this text

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.5a - Analysis and assessment of the needs of clients or client groups.

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14. Much of what we "know" about SUBSTANCE ABUSE DISORDERS is based upon which of the following?
- complete data sets
 - clinical case studies
 - investigative reporting
 - incomplete data

ANSWER: d

POINTS: 1

REFERENCES: Unanswered Questions

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.04 - Consider the questions that remain unknown regarding SUDs

NATIONAL STANDARDS: United States - CACREP.8F - Qualitative, quantitative, and mixed research methods
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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15. The set of symptoms experienced when a user stops or curtails the intake of a substance is called
- a. psychological dependence.
 - b. withdrawal syndrome.
 - c. loss of control.
 - d. addiction.

ANSWER: b

POINTS: 1

REFERENCES: Definitions of Terms Used in This Text

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.03 - Understand the terminology used in the field and in this text

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.5a - Analysis and assessment of the needs of clients or client groups.

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16. The abuse of a substance over a specified period of time is known as
- a. short-term abuse.
 - b. activation phase.
 - c. period prevalence.
 - d. lifetime prevalence.

ANSWER: c

POINTS: 1

REFERENCES: Unanswered Questions

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.04 - Consider the questions that remain unknown regarding SUDs

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.5a - Analysis and assessment of the needs of clients or client groups.

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17. Which of the following is the phase used to describe a period where the abuse of a certain compound is infrequent within a society, although more prevalent in certain small subgroups in that society?
- a. Decline
 - b. Expansion
 - c. Plateau
 - d. Incubation

ANSWER: d

POINTS: 1

REFERENCES: Drug Use/Misuse Cycles

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors

United States - CSHSE.3c - The major models used to conceptualize and integrate prevention, maintenance, intervention, rehabilitation, and healthy functioning.

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18. Paul considers himself a typical drinker. He may occasionally exceed the legal limits, but he doesn't display symptoms of alcoholism. He has never been diagnosed with an alcohol use problem in the past. He could be considered a(n)
- a. "at risk" drinker.
 - b. teetotaler.
 - c. "normal" drinker.
 - d. low level alcoholic.

ANSWER: a

POINTS: 1

REFERENCES: The Continuum of Chemical Use

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors

United States - CSHSE.3c - The major models used to conceptualize and integrate prevention, maintenance, intervention, rehabilitation, and healthy functioning.

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19. An alcohol user's position on the continuum of chemical use
- a. may rise or fall depending on their current situation.
 - b. is legally reset when they are admitted to rehabilitation.
 - c. begins with the onset of the user's first legal problem.
 - d. can, by design, only move upwards, with periods of reduced drinking merely halting the movement on the scale.

ANSWER: a

POINTS: 1

REFERENCES: The Continuum of Chemical Use

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors

United States - CSHSE.3c - The major models used to conceptualize and integrate prevention, maintenance, intervention, rehabilitation, and healthy functioning.

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20. Approximately _____ of all adults will demonstrate at least one sign of an alcohol use disorder (AUD).
- a. 5-10 %
 - b. 50 %
 - c. 30-45 %
 - d. 25 %

ANSWER: c

POINTS: 1

REFERENCES: Unanswered Questions

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.04 - Consider the questions that remain unknown regarding SUDs

NATIONAL STANDARDS: United States - CACREP.3F - Systemic and environmental factors that affect human development, functioning, and behavior

United States - CSHSE.4i - Utilizing research findings and other information for community education and public relations.

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21. According to your text, which of the following rationales is NOT associated with substance use or abuse?

- a. The person's love relationships at the moment
- b. To provide an excuse for the expression of forbidden impulses
- c. To allow the person to explore hidden realities (or at least what they interpret as hidden realities)
- d. To help the user cope with physical and emotional pain

ANSWER:

a

POINTS:

1

REFERENCES:

Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE:

Multiple Choice

HAS VARIABLES:

False

NATIONAL STANDARDS:

United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors

United States - CSHSE.7a - Clarifying expectations.

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22. The person who has a substance abuse disorder will always have that disorder. Which of the following reactions is most appropriate, according to your text?

- a. Not true! Once the person stops using the substance the condition is no longer diagnosable.
- b. True, but only if the person stops abusing the chemical before the age of 25, when s/he becomes an adult with full neurological capacity.
- c. This issue has not been resolved yet.
- d. Possibly, although this is only true for alcoholism and not illicit drugs.

ANSWER:

c

POINTS:

1

QUESTION TYPE:

Multiple Choice

HAS VARIABLES:

False

LEARNING OBJECTIVES:

DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS:

United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors

United States - CSHSE.2a - Theories of human development.

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23. Drugs that have the highest pharmacological reward potential for abuse tend to have a
- a. rapid onset of action.
 - b. slow onset of action.
 - c. strong social learning component.
 - d. low probability of being addictive.

ANSWER: a

POINTS: 1

REFERENCES: Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.01 - Understand why individuals may use alcohol and/or drugs

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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24. Tammy says drinking alcohol makes her "feel" better, even though many of her close friends see a general deterioration in her ability to take care of various aspects of her life. Her decision to begin and continue to use alcohol is possibly being influenced by
- a. social learning.
 - b. blindness to the chemical's effects.
 - c. cultural/social influences.
 - d. alcohol's reward potential.

ANSWER: b

POINTS: 1

REFERENCES: Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.01 - Understand why individuals may use alcohol and/or drugs

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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25. Humans seem to be the only animals with a propensity towards using mind-altering substances.

- a. True
- b. False

ANSWER: False

POINTS: 1

REFERENCES: Introduction

QUESTION TYPE: True / False

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.01 - Understand why individuals may use alcohol and/or drugs

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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26. Discuss some of the similarities between the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) and the International Statistical Classification of Diseases and Related Health Problems (ICD-10).

ANSWER: No answer provided.

POINTS: 1

REFERENCES: What Do We Mean When We Say That Somebody Is "Addicted" to a Chemical?

QUESTION TYPE: Essay

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS: United States - CACREP.4a - theories and models of career development, counseling, and decision making
United States - CSHSE.3c - The major models used to conceptualize and integrate prevention, maintenance, intervention, rehabilitation, and healthy functioning.

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27. Discuss some of the influences that may affect the decision to initiate and continue substance abuse.

ANSWER: No answer provided.

POINTS: 1

REFERENCES: Why Do People Choose to Use Drugs or Alcohol?

QUESTION TYPE: Essay

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.01 - Understand why individuals may use alcohol and/or drugs

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors

United States - CSHSE.2a - Theories of human development.

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28. List and describe the five levels or stages of substance use behaviors that progress to addiction issues.

ANSWER: No answer provided.

POINTS: 1

REFERENCES: The Continuum of Chemical Use

QUESTION TYPE: Essay

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS: United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors

United States - CSHSE.2a - Theories of human development.

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29. Describe the term behavioral "addictions." How might these differ from substance abuse or dependence? What have experts achieved in their goal to produce a universal definition of these terms?

ANSWER: No answer provided.

POINTS: 1

REFERENCES: Behavioral/Process "Addictions"

QUESTION TYPE: Essay

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.03 - Understand the terminology used in the field and in this text

NATIONAL STANDARDS: United States - CACREP.3A - Human Growth and Development – Theories of individual and family development across the lifespan
United States - CSHSE.2a - Theories of human development.

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30. Describe the idea of a "drug abuse cycle" with phases analogous to those seen in epidemics of infectious diseases.

ANSWER: No answer provided.

POINTS: 1

REFERENCES: Drug Use/Misuse Cycles

QUESTION TYPE: Essay

HAS VARIABLES: False

LEARNING OBJECTIVES: DOWE.COCD.19.02.02 - Describe the cycle of drug misuse and the continuum on which individuals may fall

NATIONAL STANDARDS: United States - CACREP.3A - Human Growth and Development – Theories of individual and family development across the lifespan
United States - CSHSE.2a - Theories of human development.

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