

Test Bank for Psychology for Medicine and Healthcare 4th Visser

Psychology for Medicine and Healthcare (4th)

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Total Questions: 10

Multiple Choice (10)

Q1. [Multiple Choice]

Which of the following best describes the biopsychosocial model of illness/wellness?

- a) The absence of illness indicates wellness
- b) Disease is the result of the interaction between personal history, psychosocial processes and physiological mechanisms ✓ correct**
- c) Disease is caused by pathogenic stimuli acting on physiological and/or biochemical mechanisms
- d) None of these

Q2. [Multiple Choice]

Which of the following is a weakness of the biomedical model of illness/wellness?

- a) It does not consider the influence of psychological factors on illness
- b) It does not consider the influence of social factors on illness
- c) It does not consider the influence of environmental factors on illness
- d) All of these ✓ correct**

Q3. [Multiple Choice]

According to the biopsychosocial model, how should treatment of illness proceed?

- a) Effective treatment should take into account patient beliefs, psychosocial circumstances and personal/family history ✓ correct**
- b) Effective treatment should only use medication that has been proven to be effective in clinical trials
- c) Effective treatment is based on administering medical treatment to ensure recovery
- d) None of these

Q4. [Multiple Choice]

Which of the following is the best definition of comorbidity?

- a) The situation in which both members of a couple have a major illness
- b) The presence of another illness in addition to a major 'index' chronic condition ✓ correct**
- c) The presence of multiple chronic conditions without a major 'index' condition
- d) The presence of a chronic condition alongside ageing-related declines in physical capacity

Q5. [Multiple Choice]

According to the World Health Organization, what is health?

- a) The absence of disease or infirmity
- b) Complete physical wellbeing
- c) Complete psychosocial wellbeing
- d) Complete physical, mental and social wellbeing, and not merely the absence of disease or infirmity ✓ correct**

Q6. [Multiple Choice]

Which of the following is the best definition of the placebo effect?

- a) A fake treatment presented as if it were a real treatment
- b) An improvement in health that occurs in a 'control' group
- c) An improvement in health that occurs in a group that receives a placebo, but not in a control group that receives no treatment ✓ correct**
- d) An improvement in health that occurs in a group that receives a real treatment, but not in a group that receives a placebo

Q7. [Multiple Choice]

The 'four Ps' are used to understand factors that contribute to illness (predisposing, precipitating, perpetuating and protective factors). Which of the following are examples of perpetuating factors?

- a) Use of healthcare services and adherence to treatment ✓ correct**
- b) Unhealthy behaviours that influence whether genetic factors lead to illness
- c) Genetic factors that increase susceptibility to illness
- d) Healthy lifestyles and good social support

Q8. [Multiple Choice]

Which of the following best describes epigenetics?

- a) It involves applying epidemiological approaches to studying genetic variability.
- b) It involves studying how experiences affect the expression of genes. ✓ correct**
- c) It involves studying how the expression of genes affects experiences.
- d) None of these.

Q9. [Multiple Choice]

Which of the following specialism in psychology is relevant to healthcare?

- a) Developmental psychology
- b) Cognitive psychology
- c) Health psychology
- d) All of these ✓ correct**

Q10. [Multiple Choice]

Blaxter's (1990) sociological study revealed that lay definitions of health are most like the _____.

- a) Biomedical model because they focus on the presence or absence of disease
- b) Psychological model because they focus on the subjective well-being
- c) Biopsychosocial model because they include physical, psychological, and social functioning ✓ correct**
- d) Sociological model because they focus on social roles and social functioning